MILIO'S SANDWICHES

DELIVERY · TAKEOUT · CATERING

2000 CALORIES PER DAY IS USED FOR GENERAL NUTRITIONAL ADVICE, BUT CALORIE NEEDS MAY VARY. ADDITIONAL NUTRITIONAL INFORMATION AVAILABLE UPON REQUEST.

SUPER SUBS

#1 **AMERICAN FAVORITE** 580 CAL
Smoked ham, provolone cheese, lettuce, tomatoes & Hellmann's® mayo

#2 **TEXAS LONGHORN** 500 CAL
Thinly-shaved roast beef, lettuce, tomatoes & Hellmann's® mayo

#3 **THE BIG KATUNA** 440 CAL
Homemade tuna salad mixed with diced celery & onion, our gourmet "secret" sauce & Hellmann's® mayo, then topped with lettuce, tomatoes & alfalfa sprouts

#4 **PILGRIM'S PRIDE** 480 CAL
Roast turkey breast, lettuce, tomatoes, alfalfa sprouts & Hellmann's® mayo

#5 **THE GODFATHER** 680 CAL
Capicola ham, Genoa salami, provolone cheese, lettuce, onions, tomatoes & gourmet Italian dressing

#6 **VEGGIE DELITE** 590 CAL
Provolone cheese, guacamole, lettuce, tomatoes, alfalfa sprouts & Hellmann's® mayo

FAVORITES

#7 **BBLT** 630 CAL
Natural applewood smoked bacon, MORE BACON, lettuce, tomatoes & Hellmann's® mayo

#8 **THE BIG STEER** 655 CAL
Thinly-shaved roast beef, smoked ham, provolone cheese, lettuce, tomatoes, Dijon mustard & Hellmann's® mayo

#9 **ITALIAN CLUB** 910 CAL
Capicola ham, Genoa salami, smoked ham, provolone cheese, lettuce, onions, tomatoes, gourmet Italian dressing & Hellmann's® mayo

#10 **DOUBLE BEEF & CHEESE** 670 CAL
Quarter pound of thinly-shaved roast beef, provolone cheese, lettuce, tomatoes & Hellmann's® mayo

#11 **TURKEY, HAM & CHEESE** 630 CAL
Roast turkey breast, smoked ham, provolone cheese, lettuce, tomatoes & Hellmann's® mayo

#12 **THE CALIFORNIAN** 750 CAL
Roast turkey breast, double provolone cheese, lettuce, tomatoes, guacamole, alfalfa sprouts & Hellmann's® mayo

CLASSICS

#13 **TURKEY CLASSIC** 580 CAL
Roast turkey breast, provolone cheese, lettuce, tomatoes, alfalfa sprouts & Hellmann's® mayo

#14 **CHICKEN PESTO ITALIANO** 520 CAL
Roast chicken breast, basil pesto, spinach, tomatoes & Hellmann's® mayo

#15 **TURKEY BACON GUAC** 440 CAL
Roast turkey breast, natural applewood smoked bacon, guacamole, tomatoes & spinach

#16 **CHICKEN BACON CLUB** 570 CAL
Roast chicken breast, natural applewood smoked bacon, lettuce, tomatoes & Hellmann's® mayo

#17 **MILIO'S CLASSIC** 650 CAL
Roast turkey breast, smoked ham, Wisconsin cheddar cheese, lettuce, tomatoes, pickle slices & Hellmann's® mayo

DRINKS

LARGE SODA 0 - 330 CAL
REGULAR SODA 0 - 220 CAL
BOTTLED WATER 0 CAL

BREAD CHOICES

Milio's signature bread is the same recipe as it was in 1989 at our first location in the heart of the UW-Madison campus. Since then, we've baked our bread fresh in our ovens, every 4 hours, at every store, every day!

FRENCH SUB ROLL
[CAL INCLUDED]

WHEAT SUB ROLL
ADD 5 CAL

GARLIC HERB TORTILLA
ADD 65 CAL

JALAPEÑO CHEDDAR TORTILLA
ADD 75 CAL

ICEBERG LETTUCE WRAP
MINUS 230 CAL

SIDES & EXTRAS

COOKIE 350 - 370 CAL
WHOLE KOSHER PICKLE 25 CAL
FRITO LAY CHIPS 130 - 330 CAL
DAY OLD BREAD 670 - 690 CAL
EXTRA MEAT/BACON 50-190 CAL
EXTRA CHEESE 100 / 110 CAL
GUACAMOLE 60 CAL
PICKLE SLICES 10 CAL
EAST COAST HOTS 5 CAL

VEGGIES & CONDIMENTS

MAYO 180 CAL, **LIGHT MAYO** 50 CAL, **PESTO** 35 CAL, **DIJON MUSTARD** 5 CAL, **YELLOW MUSTARD** 5 CAL, **OIL/VINEGAR** 160 CAL, **ONION** 10 CAL, **SPROUTS** 0 CAL, **TOMATO** 5 CAL, **LETTUCE** 10 CAL, **SPINACH** 5 CAL

SNACK WICH

1/2 SANDWICH + ANY SIDE + REGULAR DRINK
SIDE = CHIPS, PICKLE, OR COOKIE
295 - 1010 CAL

MEAL DEAL

SANDWICH + ANY SIDE + LARGE DRINK
SIDE = CHIPS, PICKLE, OR COOKIE
ADD 25 - 700 CAL

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