



DELIVERY • TAKEOUT • CATERING

2000 CALORIES PER DAY IS USED FOR GENERAL NUTRITIONAL ADVICE, BUT CALORIE NEEDS MAY VARY. ADDITIONAL NUTRITIONAL INFORMATION AVAILABLE UPON REQUEST.

SUPER SUBS



#1 **AMERICAN FAVORITE** 640 CAL
Smoked ham, provolone cheese, lettuce, tomatoes & Hellman's® mayo



#2 **TEXAS LONGHORN** 570 CAL
Thinly-shaved roast beef, lettuce, tomatoes & Hellman's® mayo



#3 **THE BIG KATUNA** 490 CAL
Homemade tuna salad mixed with diced celery & onion, our gourmet "secret" sauce & Hellman's® mayo, then topped with lettuce, tomatoes & alfalfa sprouts



#4 **PILGRIM'S PRIDE** 550 CAL
Roast turkey breast, lettuce, tomatoes, alfalfa sprouts & Hellman's® mayo



#5 **THE GODFATHER** 720 CAL
Capicola ham, Genoa salami, provolone cheese, lettuce, onions, tomatoes & gourmet Italian dressing



#6 **VEGGIE DELITE** 640 CAL
Provolone cheese, guacamole, lettuce, tomatoes, alfalfa sprouts & Hellman's® mayo

FAVORITES



#7 **BBLT** 700 CAL
Natural applewood smoked bacon, MORE BACON, lettuce, tomatoes & Hellman's® mayo



#8 **THE BIG STEER** 720 CAL
Thinly-shaved roast beef, smoked ham, provolone cheese, lettuce, tomatoes, Dijon mustard & Hellman's® mayo



#9 **ITALIAN CLUB** 980 CAL
Capicola ham, Genoa salami, smoked ham, provolone cheese, lettuce, onions, tomatoes, gourmet Italian dressing & Hellman's® mayo



#10 **DOUBLE BEEF & CHEESE** 740 CAL
Quarter pound of thinly-shaved roast beef, provolone cheese, lettuce, tomatoes & Hellman's® mayo



#11 **TURKEY, HAM & CHEESE** 690 CAL
Roast turkey breast, smoked ham, provolone cheese, lettuce, tomatoes & Hellman's® mayo



#12 **THE CALIFORNIAN** 790 CAL
Roast turkey breast, double provolone cheese, lettuce, tomatoes, guacamole, alfalfa sprouts & Hellman's® mayo

CLASSICS



#13 **TURKEY CLASSIC** 650 CAL
Roast turkey breast, provolone cheese, lettuce, tomatoes, alfalfa sprouts & Hellman's® mayo



#14 **CHICKEN PESTO ITALIANO** 620 CAL
Roast chicken breast, basil pesto, spinach, tomatoes & Hellman's® mayo



#15 **TURKEY BACON GUAC** 460 CAL
Roast turkey breast, natural applewood smoked bacon, guacamole, tomatoes & spinach



#16 **CHICKEN BACON CLUB** 670 CAL
Roast chicken breast, natural applewood smoked bacon, lettuce, tomatoes & Hellman's® mayo



#17 **MILIO'S CLASSIC** 710 CAL
Roast turkey breast, smoked ham, Wisconsin cheddar cheese, lettuce, tomatoes, pickle slices & Hellman's® mayo



DRINKS

LARGE SODA 0 - 440 CAL
REGULAR SODA 0 - 220 CAL
BOTTLED WATER 0 CAL
MILK 110 CAL

SIDES & EXTRAS

COOKIE 320 - 370 CAL
WHOLE KOSHER PICKLE 25 CAL
FRITO LAY CHIPS 130 - 310 CAL
APPLESAUCE 50 CAL
DAY OLD BREAD

EXTRA MEAT/BACON 50-170 CAL
EXTRA CHEESE 100 / 110 CAL
GUACAMOLE 60 CAL
PICKLE SLICES 10 CAL
EAST COAST HOTS 0 CAL

VEGGIES & CONDIMENTS

MAYO 180 CAL, LIGHT MAYO 50 CAL, PESTO 30 CAL, DIJON MUSTARD 5 CAL,
YELLOW MUSTARD 5 CAL, OIL/VINEGAR 160 CAL, ONION 10 CAL,
SPROUTS 0 CAL, TOMATO 5 CAL, LETTUCE 10 CAL, SPINACH 5 CAL

SNACK WICH

1/2 SANDWICH + ANY SIDE
+ REGULAR DRINK OR MILK
320 - 1010 CAL



MEAL DEAL

SANDWICH + ANY SIDE + LARGE DRINK
(CHIPS, PICKLE, COOKIE OR APPLESAUCE)
ADD 25 - 810 CAL



BREAD CHOICES

Milio's signature bread is the same recipe as it was in 1989 at our first location in the heart of the UW-Madison campus. Since then, we've baked our bread fresh in our ovens, every 4 hours, at every store, every day!



FRENCH SUB ROLL
[CAL INCLUDED]



WHEAT SUB ROLL
MINUS 40



GARLIC HERB TORTILLA
ADD 20 CAL



JALAPEÑO CHEDDAR TORTILLA
ADD 30 CAL



ICEBERG LETTUCE WRAP
MINUS 275 CAL



LOW CARB TORTILLA
ADD 0 CAL
\$1 ADDITIONAL CHARGE



SANDWICH STYLE WHEAT BREAD
3 SLICES
ADD 110 CAL
2 SLICES
MINUS 20 CAL